

Dining at St. Louis Catholic



ST. LOUIS
— CATHOLIC SCHOOL —

At St. Louis Catholic School we believe that mealtime is more than just a break in the day — it's an essential part of student life that fuels learning, supports well-being, and builds community. That's why our Meal Deal is thoughtfully designed to offer delicious, well-balanced meals that meet the needs of busy students while keeping value and nutrition top of mind.

Dining Meal Deals are here!

Meal Deal options are tailored by grade level and include a complete meal with one entrée, two sides, and one beverage. Students can choose from a variety of dining stations, including Homestyle, Pizza & Pasta, Good to Go, The Grille, and Greens depending on grade level.

St. Louis Catholic School's Meal Deal program offers a convenient way for students to enjoy fresh, nutritious meals every school day.

K – 3rd: Pick a daily entrée, two sides, and a drink.

4th – 8th: Choose one entrée and two sides from, from Homestyle, Pizza & Pasta, The Grille, Greens, or Good to Go

MEAL DEALS = \$7.00

We've streamlined the distinction between Entrées and Sides, ensuring clarity so you'll always know exactly what's included in your Meal Deal. Look for it on the menu!

ENTREE = 
SIDE = 



Food Allergies & Dietary Concerns

We label all food items for the top nine allergens as identified by the FDA (wheat, milk, egg, soy, peanut, tree nut, shellfish, fish, and sesame.)



WHEAT, MILK, EGG, SOY, PEANUT, TREE NUT, SHELLFISH, FISH, SESAME

Additionally, we label items that are vegan and vegetarian.



VEGETARIAN



VEGAN

Contact your Dining Services Director for more information.

Blake Johnson - Partnership Lead



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Food Stations

With a variety of stations to choose from, The Grille, Home Style, Pizza & Pasta, Greens, and Creative Good to Go – students can enjoy a wide range of flavors and fresh options every day. From comfort foods to global-inspired dishes, there's something for everyone.

THE GRILLE

A go-to for firey favorites like burgers, sandwiches, and warm daily specials made fresh daily.



Comfort food at its best – from biscuits and gravy to fried chicken and mac & cheese, this station brings the flavors of home.



Salad bar featuring fresh fruits and vegetables daily.



Students can enjoy a rotating menu of homemade pizza, flatbread, and pasta bakes with bold and classic flavors.

good to go

— MARKET —

Our micro-market keeps students and faculty fueled with fresh, daily-stocked options that go beyond basic lunches. From wholesome sandwiches to satisfying snacks—crunchy, salty, sweet, or savory—there's something for every appetite. With refreshing beverages and elevated grab-and-go meals, it's convenience without compromise.



MOBILE MENU

St. Louis Catholic School dining experience is now just a click away with FD MealPlanner—our interactive online menu platform. View a full week of meals by station, from Monday through Sunday, and explore detailed information about each dish, including allergens and dietary preferences.



FD Meal Planner

www.fdmealplanner.com

St. Louis Catholic School

A La Carte Menu

Meal Options

Meal Deal — \$7.00

One Entrée, Two Sides, choice of milk, juice or water.

The Grille Entrée — \$5.00

Homestyle Entrée — \$5.00

Pizza — \$3.00

Sides & Snacks

Sides — \$2.00

Chips — \$2.00

Good to Go Items

Good to Go Sandwich — \$5.00

Good to Go Wrap — \$5.00

Good to Go Salad — \$5.00

Uncrustables — \$2.25

Fruits & Fresh Options

Whole Fruit — \$1.00

Fruit Cup — \$3.25

Veggie Cup — \$3.25

Parfaits & Desserts

Yogurt Parfait — \$3.25

Pudding Parfait — \$3.25

Cookie — \$2.00

Ice Cream — \$1.75

Beverages

1/2 Pint Milk — \$1.65

Juice Carton — \$1.65

Bottled Water — \$1.25

Powerade (12 oz) — \$2.00

Minute Maid — \$2.00

Capri Sun — \$1.75

K — 3rd Options

Meal Deal — \$7.00

One Entrée, Two Sides, choice of milk, juice or water.

Friday Dessert

Choice of cookies or ice cream.

Cookie — \$2.00

Ice Cream — \$1.75