



# St. Louis Cardinals



August 2022		Monday	Tuesday	Wednesday	Thursday	Friday
Plate Lunch (w/ drink)	5.00	1	2	3	4	5
<b>Sides</b>						
ala carte entrees	2.75					
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Garden Salad	2.75					
Baked Potato	2.75					
<b>Snacks</b>						
Fresh Fruit	1.25					
Popcorn or Pretzels	1.00					
Ice Cream	1.25					
<b>Beverages</b>						
low fat Milk	0.75					
low fat Chocolate Milk	0.75					
Juice, Apple or Orange	1.00					
Bottled Water	1.00					
<b>Message Center:</b>						
Please activate and manage your student's account online at <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a> . No cash will be accepted in the lunchroom.						
		8	9	10	11	12
				1st Day of School 1/2 Day	Chili Cheese Nachos Corn Applesauce	Hot Pocket Salad Cookie
		15	16	17	18	19
		Chicken Sandwich Baked Potato Peaches	Taco Refried Beans Corn	Corndog Macaroni and Cheese Green Beans	Chicken Nuggets Mashed Potatoes with Gravy Green Peas	Hamburger Tater Tots Carrots
		22	23	24	25	26
		Fish Macaroni and Cheese Green Beans	Cheese Quesadilla Black Beans Corn	Spaghetti with Meatsauce Hot Apples Green Peas	Pizza Salad Pudding	Cheese Omelette Waffles with Syrup Orange Slices
		29	30	31		
		Chicken Nuggets Mashed Potatoes Gravy Green Peas	Hot Dog Chips Fresh Carrots with Ranch Dip Jello	Chicken Pot Pie Salad Fruit Cocktail		

NOTE: Menu items are is subject to change without notice

In order to maximize their eating time,  
K-3rd grades will be limited to plate lunch only.