

Catholic Prayers

Our Father

Our Father,
Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in
heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace. The Lord is with
thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

The Apostle's Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son, Our
Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended into Hell.
The third day He arose again from the
dead;
He ascended into Heaven,
sitteth at the right hand of God, the
Father Almighty;
from thence He shall come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished
children of Eve:
to thee do we send up our sighs,
mourning and weeping in this valley of
tears.
Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy
womb, Jesus.
O clement, O loving, O sweet Virgin
Mary! Amen.



Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help
or sought thy intercession,
was left unaided.
Inspired by this confidence,
We fly unto thee, O Virgin of virgins my
Mother;
to thee do we come, before thee we
stand, sinful and sorrowful;
O Mother of the Word Incarnate,
despise not our petitions,
but in thy mercy hear and answer them.
Amen.

The Angelus

V- The Angel of the Lord declared unto
Mary.
R- And she conceived by the Holy Spirit.
(Hail Mary....)
V- Behold the handmaid of the Lord.
R- Be it done unto me according to thy
word. (Hail Mary....)
V- And the Word was made Flesh.
R- And dwelt among us. (Hail Mary....)
V- Pray for us, O Holy Mother of God.
R- That we may be made worthy of the
promises of Christ.
LET US PRAY: Pour forth, we beseech
Thee, O Lord, Thy grace into our hearts;
that, we to whom the Incarnation of
Christ, Thy Son, was made known by
the message of an Angel, may by His
Passion and Cross, be brought to the
glory of His Resurrection through the
same Christ our Lord. Amen.

Saint Michael Prayer

Saint Michael, the Archangel, defend us
in battle.
Be our protection against the
wickedness and snares of the devil.
May God rebuke him, we humbly pray;
and do thou, O Prince of the heavenly
host,
by the power of God
cast into hell Satan and all the evil
spirits
who prowl throughout the world seeking
the ruin of souls. Amen.

Act of Contrition

O my God, I am heartfully sorry for
having offended thee, and I detest all
my sins because of Thy just
punishment, but most of all because I
have offended Thee my God, Who is all
good and deserving of all my love. I
firmly resolve, with the help of Thy
grace, to sin no more, and to avoid the
near occasion of sin. Amen.

Morning Offering

Dear Lord, I do not know what will
happen to me today. I only know that
nothing will happen that was not
foreseen by You, and directed to my
greater good from all eternity. I adore
Your holy and unfathomable plans, and
submit to them with all my heart for love
of You, the Pope, and the Immaculate
Heart of Mary. Amen.

Guardian Angel Prayer

Angel of God, my Guardian dear, to
whom God's love commits me here,
ever this day (or night) be at my side, to
light and guard, to rule and guide.
Amen.

Grace Before Meals

Bless us, O Lord, and these Thy gifts,
which we are about to receive from Thy
bounty, through Christ our Lord. Amen.

Basic Catechism

Confession

Four things are required of a repentant in order to receive the sacrament of confession worthily:

1. Make a good examination of conscience.
2. Have a contrite heart. In other words, be sorry for your sins.
3. Confess those sins fully, in kind and in number. (What are they and how many times?)
4. Do the penance and make amends.

The Precepts of the Catholic Church

What makes you a good catholic? To be a Catholic you need to keep the five precepts of the church. They are:

1. "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor."
2. "You shall confess your sins at least once a year."
3. "You shall receive the Sacrament of the Eucharist at least during the Easter season."
4. "You shall observe the days of fasting and abstinence established by the Church."
5. "You shall help to provide for the needs of the Church. (Financially and being volunteers)"

3 Dispositions to Receive Holy Communion

1. Being in a **State of Grace**
2. **Fasting for One Hour.**
3. **Devotion and attention**

The 10 Commandments

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord God in vain
3. Remember to keep holy the Lord's Day
4. Honor your father and your mother
5. You shall not kill
6. You shall not commit adultery
7. You shall not steal
8. You shall not bear false witness
9. You shall not covet your neighbor's wife
10. You shall not covet your neighbor's goods

Study this teenage Saint:

https://www.catholic.org/saints/saint.php?saint_id=43