

## **Bullying**

St. Louis school has a zero tolerance policy towards any bullying behavior. The definition of such behavior is:

“Bullying happens when someone with more power unfairly hurts someone with less power over and over again. Power may be physical strength, social skill, verbal ability or any other resource.”

During the course of the school year all students receive developmental guidance lessons on bully prevention strategies and how to report a bullying incident. Speakers are also invited to discuss strategies to avoid bullying and ways to maintain safety both in and outside of school. It is essential to report bullying situations so we, as a school, can reinforce Catholic Christian values.

Investigate the links below to learn more about bullying and what you can do to stop it as a parent, student, or faculty member:

### **1. Stop Bullying Now!**

The Health Resources and Services Administration's (HRSA) parent and kid-friendly website to learn what you can do about bullying and what you can do to stop it. Take a look around and you'll find games and cartoon Webisodes that help you Take a Stand. Lend a Hand. *Stop Bullying Now!*

<http://www.stopbullyingnow.hrsa.gov/kids/>

### **2. Help Tips for Reporting Offensive Profiles**

Created by Patti Agatston, Ph.D. (2010)

[http://cyberbullyhelp.com/Help\\_Tips\\_for\\_Reporting\\_Offensive\\_Profiles.pdf](http://cyberbullyhelp.com/Help_Tips_for_Reporting_Offensive_Profiles.pdf)

**3. Kids Health** – “We're a safe, private place for teens who need honest, accurate information and advice about health, emotions, and life. TeensHealth is part of the KidsHealth family of websites. These sites, run by the nonprofit Nemours Center for Children's Health Media, provide accurate, up-to-date health information that's free of 'doctor speak.' (Taken from kidshealth.org)

This site provides information for parents, kids, and teens on a variety of issues. The link below will provide specific information about bullying.

[http://kidshealth.org/teen/school\\_jobs/bullying/bullies.html](http://kidshealth.org/teen/school_jobs/bullying/bullies.html)