



St. Louis Cardinals



January

Plate Lunch (w/ drink) **3.75**

Sides	
Items ala Carte	1.75
Baked Potatoes	2.00
Garden Salad	2.00
Fresh Fruit	1.00

Snacks	
Popcorn	0.90
Pretzels	0.90
Ice Cream	1.00

Beverages	
Lowfat Milk	0.65
Lowfat Chocolate Milk	0.65
Apple/Orange Juice	0.75
Jr High Snack	0.90

Message Center:

Please activate and manage your student's account online at www.payforit.net. No cash will be accepted in the lunchroom.

Monday		Tuesday		Wednesday		Thursday		Friday	
1	HAPPY NEW YEAR	2	NO SCHOOL	3	NO SCHOOL TEACHER IN-SERVE	4	RAVIOLI GREEN PEAS APPLESAUCE	5	CHICKEN SANDWICH BAKED POTATO PEACHES
8	BAKED FISH RICE PILAF CARROTS	9	CHOICE OF SOUP SALAD PUDDING	10	CHILI CHEESE NACHOS CORN APPLESAUCE	11	CHICKEN NUGGETS MASHED POTATOES GRAVY GREEN BEANS	12	SNOW DAY
15	NO SCHOOL MARTIN LUTHER KING	16	SNOW DAY	17	SNOW DAY	18	SNOW DAY	19	Hamburger Tator Tots Peaches
22	Pizza Salad Pudding	23	Hot Dog Fresh Carrots with Dip Chips Peaches	24	Spaghetti with meatsauce Green Peas Applesauce	25	CHICKEN NUGGETS MASHED POTATO GRAVY Green Beans	26	Taco Refired Beans Corn
29	BURRITO MEXICAN RICE CORN	30	HAMBURGER TATOR TOTS GREEN BEANS	31	CORNDOG MACARONI AND CHEESE MIXED VEGETABLES	1	CHICKEN SANDWICH BAKED POTATO FRUIT COCKTAIL	2	1/2 day of School Grandparent Day

NOTE: Menu items are is subject to change without notice.